



hindu cultural society

(www.hinduculturalsociety.co.uk)

Reg. Address: HCS Bhavan, 321 Colney Hatch Lane, Friern Barnet,
London, N11 3DH

Tel: 020 8361 4484

Reg. Charity No. 271053

Est. 1974

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HINDU KUL

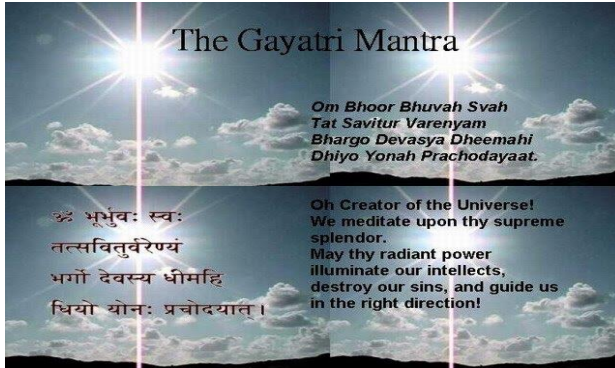
Our monthly news bulletin

Editor -- Vijay Jolly

Let the power of

GAYATRI MAHA YAGNA

INVIGORATE YOUR LIFE



At the HCS Bhavan

3 Lyndhurst Avenue, London N12 0LX

On Sunday 12th May 2024 starting at 10.45 am

Hosts: Members of Day Centre

Parking in the yard will be limited to very few spaces for disabled persons only.

Gates will be partly closed for Emergency access & safety requirements..

Please park carefully in the street taking care not to obstruct any driveways

Activities at HCS Bhavan

Dance Classes are running at HCS Bhavan on Tuesdays 7pm Indian Dance Ladies @ HCS £10ph Contact Darshini on 07866 555 522

Kala Sangam Ladies meet regularly at the HCS Bhavan – contact Mrs Raj Modgil via our email hcslondon@hotmail.co.uk

HCS MUSIC GROUP

The group meets at HCS Bhavan every Wednesday at 5pm. We learn and practice Bollywood, Filmi geet, Ghazals and Bhajans and present these on HCS stage.

Contact: Pradeep Kumar for details on 07904 717 617
or email us at hcslondon@hotmail.co.uk

Others:

These are run by outside people. Not connected to HCS but you can join these.

1. **Dhol School** running on Sundays – all ages. Contact Jay on 07908 650 119
2. Depala Family hold regular get together
3. Navin bhai's Group meet on Saturdays for Prayers in Verma Hall

Hall Rentals: contact our Secretary **Ghanashyam Master** on **07946 430 299**

HCS Matrimonial Service:

These details are updated monthly on our website so please check them regularly

**If you wish to be a host,
please call Sharda Jagpal on 07969 791 175 for details
YOU DO NOT NEED AN EXCUSE TO BE A HOST**

Join our WhatsApp Community Group.

Scan this QR Code on your phone or click on this link. We post info about our events and members on this group.

Join us to receive quicker updates

<https://chat.whatsapp.com/JPn32hBjusc1SF8vQ45217>

BAISAKHI Milan was held on Sunday 14th April. Over 150 people joined in some great Punjabi songs and dance by our own Music Group. Jay Kumar entertained next with all joining in the dancing and



singing. A highly enjoyable programme was followed by a tasty meal.

Ram Navami was also celebrated in the Mandiron 19th April

For the above 2 events there may be more Photos / videos on our WhatsApp Community pages

We gratefully acknowledge the following Donations:

We know that we repeat this message but it is extremely important to maintain our Society and the events we hold. **Our income is your generous donations.** We understand the cost pressures that we are all under at present, but please give whatever you can to help us run our activities fully. A further list of the donations will be displayed in the Hall as usual

JUNE MILAN:

Our AGM and Election of the Managing Committee will be held in the month of June this year . This is the time to come and join the Managing Committee and/ or Board of Trustees to make your contribution to one of the most successful Hindu organisation formed in 1974. Let us join hands and make sure it gains further strength. Contact the Secretary or the President for further information.

**Please get the members of your family to
participate in the Society.**

Details will be sent to you shortly.

Mother Gayatri is considered a Panchmukhi in Hinduism. The entire universe is made up of five elements of water, air, earth, light, and sky. All the creatures in the world and their body are also made of these five elements. Maa Gayatri exists as a life force within every living being on this earth. This is the reason that the Gayatri Yagna is considered the basis of all powers.

The Gayatri Mantra, when chanted in a calm, peaceful atmosphere, is known to have a calming effect on mind and body. The energy of the mantra and your surroundings are more in sync with the divine powers and when combined with Pranayama, it can help reduce stress and anxiety levels.

**Om Bhuur-Bhuvah Svah
Tat-Savitur-Varennam
Bhargo Devasya Dhiimahi
Dhiyo Yo Nah Pracodayaat ||**

**Please maintain silence in the Hall throughout the Day to maintain
dignity of the occasion and try to keep quiet while having your
Prasad to minimise disturbance.**

President
Vijay Jolly
07740 476 424

Vice- President
Mrs Sharda Jagpal
07969 791 175

Secretary
Ghanshyam Master
07946 430 299

GAYATRI MAHA YAGNA

Will be held at the **HCS Bhavan** on
Sunday 12th May 2024 from 10.45 am



PROGRAMME

From 10.45 am to 3.00 pm
(Last sitting at 2.30pm for Committee Members)

Each seating lasts about 20 minutes. **Please book your time slot with the Vice-President** (phone number above) & **arrive at least 10min before your booked time.** You will be advised when to go on to the stage. Please note that - *Bookings have seating priority.*

PUROHITS:

Pt Dr Tanaji Achariya
Pt Dr Ramchander Shastri **Pt Rajeev Sharma**

Hosts: Day Centre Members

We are carrying out refurbishment of the building and have spent £18,000 this year with more to go. To keep Society functioning fully
PLEASE FIND IT IN YOUR HEART TO DONATE GENEROUSLY